

Crisis Intervention Team Training “Memphis Model”



Success Through Collaboration

Crisis Intervention Team Training

- Stakeholder Involvement from the beginning
- Collaborative Development & Delivery
- Subject Matter Experts in their Field
 - Working background in community based mental health
 - Understanding of Law Enforcement Culture
 - Culturally Diverse
- Maintain the “core elements” of training
 - Mental Health related topics
 - Crisis resolution skills/de-escalation
 - Awareness of community based services
 - NAMI Family Perspective & Individuals with Lived Experience
 - Practical skills training / Scenario based

SAMPLE CIT TRAINING MATRIX

	Monday	Tuesday	Wednesday	Thursday	Friday
0745 – 0800					
0800 – 0850	Introduction, History & Overview	Risk Assessment & Crisis Intervention Skills Verbal De-Escalation & Tactical Response	Child & Adolescent Disorders	Community Resource Panel/ Mental Health Court Project	Crisis Intervention Role Play & Virtual Hallucinations Machine
0900 – 0950	Mental Illness: Signs & Symptoms				
1000 – 1050					
1100 – 1150			Developmental Disabilities	Luncheon	Cook County Specialty Courts
1200 – 1300	Lunch	Lunch	Lunch	Crisis Intervention Role Play & Hearing Voices Simulation Exercise	Lunch
1300 – 1350	Psychotropic Medications	Family Perspectives & Lived Experience Panel	Department Procedures		Summary & Evaluation
1400 – 1450	Substance Use & Co-Occurring Disorders		Legal Issues		Written Examination
1500 – 1550					Superintendent's Ceremony

Distinction between the “T” Training vs. Team

Crisis Intervention Training

- Usually mandated for all “train everyone”
- 8-24 hours
- Mental Health Awareness
- De-Escalation

Crisis Intervention Teams

- Voluntary and Screened “Specialist” training
- 40 hours
- Mental Health Awareness
- De-Escalation
- Additional topics
- **Collaboration with community systems**



Crisis Intervention Team – BASIC – Course Evaluation

Date of Training: Friday, 26 SEPTEMBER 2014

**YOUR FEEDBACK IS VERY IMPORTANT
PLEASE GIVE US YOUR HONEST OPINIONS ON THIS CIT TRAINING COURSE**

STRENGTHS OF THIS COURSE:

CONSUMERS! Best training I have had
in over 19 years in C.P.D. Utilizing Actual
Consumers to share their Experiences & Role
Playing is totally genius!!! Awesome
course! Proud to be a CIT member!!!

The Journal
of the
American Academy
of Psychiatry
and the Law



COMMENTARY

What Research on Crisis Intervention Teams Tells Us and What We Need To Ask

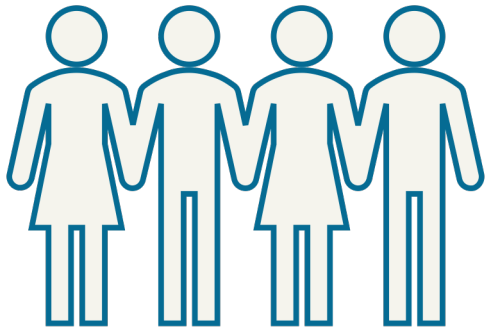
Amy C. Watson, PhD, and Michael T. Compton, MD, MPH

Developed over 30 years ago, the Crisis Intervention Team model is arguably the most well-known approach to improve police response to individuals experiencing mental health crisis. In this article, we comment on Rogers and colleagues' review (in this issue) of the CIT research base and elaborate on the current state of the evidence. We argue that CIT can be considered evidence based for officer level outcomes and call level dispositions. We then discuss the challenges that currently make it difficult to draw conclusions related to arrest, use of force, and injury related outcomes. More research, including a randomized, controlled trial is clearly needed. But we caution against focusing narrowly on the training component of the model, as CIT is more than training. We encourage research that explores and tests the potential of CIT partnerships to develop effective strategies that improve the mental health system's ability to provide crisis response and thus reduce reliance on law enforcement to address this need.

J Am Acad Psychiatry Law 47(4) online, 2019. DOI:10.29158/JAAPL.003894-19

<http://jaap.org/content/jaapl/early/2019/11/01/JAAPL.003894-19.full.pdf>

The Crisis Intervention Team Model: The Evidence



- CIT improves officer knowledge, attitudes, and confidence in responding safely and effectively to mental health crisis calls
- **CIT increases linkages** to services for persons with mental illnesses
- CIT reduces use of force with more resistant subjects
- Findings related to diversion from arrest vary
- **Effects are strongest when CIT follows volunteer specialist model**
- Some agencies that have moved from the specialist model to mandating CIT training for all have not had good results